

## METROPOLITAN YMCAs of MISSISSIPPI



### POOL RULES

- ✓ ALL children 12 & under must take a swim test before using the pool
- ✓ ALL children 8 & under must have an adult present in the pool area at all times
- ✓ ALL children 5 & under must have an adult in the water with them, within arm's reach
- ✓ ALL children not toilet trained must wear a swim diaper and rubberized pants/swim suit
- ✓ Breath holding and prolonged underwater swimming is prohibited
- ✓ No inflation devices will be allowed (includes **water wings**, tubes, rafts, etc)
- ✓ Only Coast Guard approved personal flotation devices will be allowed
- ✓ No running
- ✓ Pushing, dunking, splashing, rough play or fighting is **NOT** allowed
- ✓ Diving is **NOT** allowed unless in 10-12 ft
- ✓ Lap lanes are for lap swimming/water walking only
- ✓ Outside food is **NOT** allowed in the pool area
- ✓ Glass containers are **NOT** allowed in the pool area
- ✓ Appropriate swim attire (Swim Suits) is required by anyone entering the water (No street clothes)
- ✓ All toys must be approved by the Lifeguard ☞ Gum chewing, tobacco products and alcohol are prohibited
- ✓ Whistle blows: **STOP-LOOK-LISTEN**
- ✓ Lifeguards are the final authority of the pool. The lifeguard reserves the right to remove any person from the pool area if they act in an unsafe manner, are creating an unsafe or dangerous situation for themselves or others.
  - Pools with slides
    - Only one person is permitted on the slide at a time
    - Slide riders must be 48 inches tall
    - Only feet first slides are permitted ☞
    - Diving blocks are for competitive use only