



# The NEW Y Swim Lessons

## UPCOMING SESSION DATES:

**Session 1: January 28th—February 8th**

**Session 2: February 18th—March 1st**

**Session 3: March 18th—March 29th**

**Session 4: April 8th—April 19th**

**Session 5: April 29th—May 10th**

## TIMES:

**10:00 AM 3—5 YEAR OLDS**

**4:30 PM 3—5 YEAR OLDS  
6—12 YEAR OLDS**

**6:30 PM 6—12 YEAR OLDS**



## SWIM YEAR ROUND IN OUR INDOOR POOLS

Swimming is a life skill as well as great exercise and a challenging sport. Ys offer swim lessons, family swim, competitive swimming and many kinds of adaptive swim programs so that we can all safely enjoy the water.

Sign up for pool text alerts so you will be notified if pools close due to weather:

Text: flowoodymcapools to 84483

**MEMBER: \$95**

**NON-MEMBER: \$115**

**Flowood Family YMCA  
metroYMCAs.org**

**601-664-1955**