



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LIFEGUARD CERTIFICATION COURSE

METROPOLITAN YMCAs OF MISSISSIPPI

As a certified Lifeguard you will learn skills that will prepare you for a fun and rewarding job that is more than just a paycheck. This comprehensive course offers up-to-date information on how to guard, anticipate and prevent problems and to take action to help those in need. CPR, First Aid and AED certifications are included in the cost of the program. Participants must pass a swim test on the first day of class in order to remain registered.

AGES

15+

WHEN

April 14-15 & April 21-23 (Both Weekends)

Friday 5pm-8pm

Saturday 8am-5pm

Sunday 1pm-4pm **No class Easter Sunday

May 5-7 & 12-14 (Both Weekends)

Friday 5pm-8pm

Saturday 8am-5pm

Sunday 1pm-4pm

May 30- June 1 & June 6-8 (Both Sessions)

8am-5pm each day

COST

Members: \$175

Non-Members: \$225

LOCATION

Flowood Family YMCA

690 Liberty Road

Flowood, MS 39232

FOR MORE INFORMATION

Tramel Reeves 601-948-3090 or treeves@metroymcams.org



Be prepared to swim any given day of class.

A change of clothes and food and/or snacks are suggested. Breaks will be given.

Books will be loaned for the duration of class, with a CD given at the end of course.

For the final scenarios, all equipment distributed during the course must be present and available for use.