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Step Challenge Enrollment Form

Participants Name: _____ Email _____

School: _____

Get a Step Up on Your Goals

Join the Y in a Step Challenge! The school with the most steps wins a group fitness class at their school. Zumba, Yoga, Bootcamp, HIIT, Dance etc

Visit metroymcams.org or email this form to reservoiryexec@metroymcams.org to join

This step challenge is a competition between teachers within the Rankin County School District. Each participating school and its teachers will be competing against one another. Register by Wednesday, November 25th, 2020 if you wish to participate. The winning school will be the school with the MOST steps by December 31st and the winning school will receive a free class at their school!

Below are the basic rules of the challenge:

Steps must be counted on a pedometer or any step tracking app. Steps must be actual steps done by You– not shaking the step counter, putting it on your dog/child, washer/dryer during spin cycle, etc. Steps will be tracked weekly by your schools principal and sent to reservoiryexec@metroymcams.org. Join the Step Up challenge Facebook page and post your steps.

#RCSDTeacherStepCompetition